



BABY NEEDS BOOKS!

Many doctors now prescribe **reading activities** at baby's **regular health check-ups**.
Here are some good books for baby...

Ten, Nine, Eight by Molly Bang
Barnyard Dance! by Sandra Boynton
Moo, Baa, La, La, La by Sandra Boynton
Big Red Barn by Margaret Wise Brown
Goodnight Moon by Margaret Wise Brown
Runaway Bunny by Margaret Wise Brown
Animal Crackers by Jane Dyer
My Colors/Mis Colores (& others)
by Rebecca Emberly
Barnyard Banter by Denise Fleming
Time for Bed by Mem Fox
Ten Little Fingers and Ten Little Toes
by Mem Fox
Is Your Mama a Llama? by Deborah Guarino
Black and White (& others) by Tana Hoban
Good Morning, Baby (& others)
by Cheryl Willis Hudson
Where Is Baby's Belly Button? (& others)
by Karen Katz
Pat-a-Cake by Tony Kenyon
Guess How Much I Love You by Sam McBratney
Everywhere Babies by Susan Meyers
Baby Faces (& others)
by Margaret Miller
My Very First Mother Goose ed. by Iona Opie
Hush Little Baby by Brian Pinkney
Good Night Gorilla by Peggy Rathmann
Baby Says by John Steptoe
I Love You, Little One by Nancy Tafuri
Touch & Feel (series) published
by Dorling Kindersley (DK)
I Went Walking by Sue Williams
Napping House by Audrey Wood



CHOOSING BOOKS FOR BABIES

These are **GENERAL** guidelines...

Babies develop at different rates
during these very early months!

You can use books from previous and later "reading
levels." Babies will enjoy books from all the categories.

The important thing is to find books that
you & your baby can enjoy **together**
and not get frustrated!

0-3 months

Bold colors, geometric designs, mirrors, blocks, rattles,
soft fabric books

Nursery rhymes, soothing rhythms,
lullabies

Singing, talking while doing daily routines

3-6 months

Board books with bright pictures,
touch & feel, photographs of babies

Busy boxes, pop-up toys,
things to reach for, music
Peek-a-boo, where is baby?

6-9 months

Mobility, more active – action rhymes, clapping games,
fingerplays

Babbling, beginning to understand words & inflections
– repetitive rhymes & songs

Homemade books using family photos & objects with
personal meaning

9-12 months

Understanding simple commands
("wave bye-bye"), social skills, first words
Books that name objects, animal sounds, pictures of
children

Board books they can & try to turn pages
Give baby a wooden spoon & pan and beat to the
rhythm of favorite nursery rhymes

12-18 months

Beginning to walk and talk, "into everything"! Will not
"sit still" for long periods...Short, simple stories, lift-
the-flap, naming familiar objects ("my first word"
books)– can point to objects on the page when asked.

Books with actions and music...



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